RACE COURSE DESCRIPTION:
Swim: 0.5 mile in Summit Lake (cool water temperature)
Bike: 17.1 miles from Summit Lake to Cranberry Mountain Nature Center on State Route 39/55 (hard surface with hills)
Run: 6.2 miles from Nature Center to locked gate below Cranberry Glades and back (rolling terrain with varying surface)

DIRECTIONS:
The Summit Lake access road is approximately 8 miles East of Richwood, WV on Route 39/55. Turn left just past the North Bend Picnic area.

REGISTRATION FEE
Pre-Registration due by Wed., July 8, 2020. Register early to ensure your spot. When registering as a USA Triathlon Member, you must have a valid membership applications call (719) 597-9090.

Fees subject to change prior to race.

INDIVIDUAL
Pre-Registered USA Triathlon Members $75.00
Pre-Registered Non-USA Triathlon Member $85.00
Late Registered USA Triathlon Member $95.00
Late Registered Non-Member USA Triathlon Member $105.00

TEAM No shuttles allowed until after the race.
Pre-Registered $180.00
Late Register date $200.00

Register early - avoid late registration fee!
No refunds after MAY 1.

AGE GROUPS:
†19 and under, 20-24, 25-29, 30-34, 35-39, 40-44, 45-49, 50-54, 55-59, 60-64, 65-69, 70+

Awards:
*Male and Female Overall: 1st, 2nd, and 3rd
Male and Female Groups: 1st, 2nd, and 3rd
*Team Overall: 1st
Male & Female Teams 1st, 2nd, & 3rd (each gr.)
Mixed Teams 1st, 2nd, and 3rd

*Cash awards for overall winners!
†Official USAT State Championship awards

REGISTRATION:
Sat., July 11th, 2020—3:00 to 7:00 PM
Pre-Registered packet pick-up & late registration at the Sterling Spencer Sculpture Garden (next to the Whistle Punk Grill & Tap House on Main St). Proceed through light and the Garden is on the left.

OR

Sunday, July 12th, 2020: 8:30 to 9:30 AM
Pre-Registered packet pick-up & late registration at Summit Lake.

RACE ORIENTATION:
9:30AM at Summit Lake.
Everyone must attend.

Race Start: 10AM
We recommend you arrive at least 1 hour prior to race start.

Pre-registered participants guaranteed a shirt.
Free post-race cookout for all racers! Others can eat for a small donation.
Presented by
The Richwood Area Chamber of Commerce

FOR MORE INFO OR TO REGISTER:
https://aptiming.com/ScenicMountainTriathlon
or (304) 846-6790

Mail this registration to the Chamber or Register online at
https://aptiming.com/ScenicMountainTriathlon
We look forward to seeing you!

Check out our website at http://richwoodchamberofcommerce.org
for additional event coverage and lodging information. Also, like us on our Scenic Mountain Triathlon Facebook page.

Packet pick-up at the Sterling Spencer Sculpture Garden, next to the Whistle Punk Grill & Tap House, on Main Street (on the left), Sat., July 11, 2020 from 3-7. Discounts/specials for area restaurants will be included in your race packet.

Bike or run the course Saturday. No swimming allowed at Lake except during the actual Triathlon.

Summit Lake Rd. will be closed from 10-11 (or until last rider descends.)

5mm wet suits are allowed but floatation devices may NOT be used during the swim.

Helmets are required during the bike.

No drafting is allowed.

Limited shuttle service will be provided back to Summit Lake for participants.

Parking lot and restrooms available at Summit Lake and Cranberry Mt. Nature Center.

Post-race cook out & refreshments free for race participants. Spectators, please make a donation.